



LifeGroups

Temptation

Getting Started

1. This week we learned that temptation itself is not sin. Are there temptations that make you feel guilty simply for being tempted?
2. When you feel stressed, lonely or discouraged, in what ways are you most tempted to self medicate (food, TV, shopping, drugs, etc.)? Why?
3. Due to our sinful nature, the trials God provides for our growth, can lead to temptation. What trials have you faced (or witnessed) recently? Did they lead to temptation? What were the results?

Read – Matthew 4:1-11

4. What temptations did Satan bring before Christ? How can you relate? When tempted by Satan, what defense did Jesus use?
5. Why did Jesus use God's word rather than his infinite power to thwart Satan's attack? What was the end result and how does this offer us hope?

Read- James 1:13-18

6. How might it affect your life if you believed God was tempting you?
Why would we want (or choose) to believe that God is tempting us?

7. Why do you think James uses such graphic metaphors (v.14-15) to describe how we are enticed and drawn away from safety to sin?
What is the safety we are drawn from?

8. According to these verses, what is the root of our temptation (v.14)?
What is the "full-grown" result of sin?

9. Why does James focus our attention (1:18) on our new birth and the word of truth? How does this contrast with the cycle of sin and temptation and how are we to experience this reality daily?

Read- 1 Corinthians 10:13

10. What does this verse tell us about the temptations we are faced with?
Are there any temptations we can't handle through Him?

Going Deeper

11. It's been said that at the foundation of sin and temptation is a lack of faith in some part of God's character. Is this always true or just sometimes? What is the remedy according to James 4:7-8?