



LifeGroups

Good Godly Sex

Getting Started

1. What insight, principal, or observation from this weekend's message did you find to be most helpful, eye-opening, or troubling? Explain.
2. How was the topic of sex addressed in your household growing up and how did or will you change that with your children or grandchildren?
3. What are some sources of anxiety or discomfort for Christians in discussing sex? Why? List some of the barriers to a healthy understanding of sex in a marriage and why they are a threat?

****Review****

God's purposes for marriage (Genesis 1:26-28 and 2:18-25)

Read - 1 Corinthians 6:18-20

4. What do these passages say about your physical body? How does that relate to God's plan for marital sex?
5. How is sexual sin different from other sins (vs.18)? What does that mean? How is it a sin against your own body?

Read - 1 Corinthians 7:1-5

6. What reason does Paul give for getting married? Does this apply in today's society? How and why?

7. What are married Christians being instructed to do in vs. 3-5?

8. What does this tell us about the ownership of married Christians and their bodies? What are the implications of this joint ownership and how can you show Christ through it?

9. When and for how long should married couples abstain from sexual relations? What are they to be doing during that time? Why?

10. What do these verses tell us about God's view of sex?

Going Deeper

11. How must we as the church change our approach to a sexually charged culture? How can we uphold God's design while resisting worldly standards without retreating into isolation?